

bride's emergency *kit*

HEALTH/MEDICAL

- Antacid
- Band-Aids
- Breath mints
- Eye drops
- Pain reliever
- Spare contact lenses
- Tampons or pads
- Tissues
- Toothbrush, paste and floss
- Tweezers
- _____
- _____

BEAUTY

- Compact mirror
- Deodorant
- Eye makeup remover
- Eyeliner
- Face powder
- Lipstick or gloss
- Nail file
- Nail polish and remover pads
- Perfume
- Q-tips
- _____
- _____

NUTRITION

- Snacks
- Water
- _____
- _____

HAIR

- Bobby pins
- Brush or comb
- Curling and/or straightening iron
- Hair spray
- _____
- _____

DRESS/CLOTHING

- Comfortable flats
- Extra earring backs
- Extra panty hose
- Medical tape (*for torn seams*)
- Lint roller
- Small sewing kit with safety pins
- Spare buttons for your dress
- Spare cufflinks for groomsmen
- Stain-remover wipes or stick
- White chalk (*to disguise dress stains*)
- Instructions for tying a bow tie
- _____
- _____

MISCELLANEOUS

- Camera and extra batteries
- Cash for emergency purchases
- Cell phone and charger
- Drinking straws (*to avoid smudging lipstick*)
- Notebook and pens
- Super glue
- Umbrella (*at least one*)
- _____
- _____